





**Learn** about procedures and pathologies from innovative surgeons who are leading their fields.

**Understand** the national issues facing surgical technologists.

**Earn** additional CEs and try new equipment and supplies in the Exhibit Hall.



**Receive** 16 CEs toward recertification.

**Renew** your sense of accomplishment and pride in your profession.

**Go home** with new ideas and knowledge to use and share.



### **GIVE BACK**

Bring a new stuffed animal of any size (with tag, but no noise or choking hazards) to benefit kids through Children's Healthcare of Atlanta.



#### **Connect with**

surgical technologists, surgical assistants and educators from all over the country who can understand your professional challenges.

Meet national recruiters, ask questions about job opportunities and get motivated to take the next steps in your career.



**Talk** to professional experts who are pioneering technologies for the operating room.

**Meet** AST's Board of Directors and candidates for national office—and learn more about their priorities for the profession.



**Hear** about the successes of your peers and local AST State Assemblies.

Watch the 2020 AST Fellows take the FAST pledge and earn their pins. You could be among the Fellows honored—find the criteria and application at ast.org!

# CONFERENCE HOTEL

#### The Westin Peachtree Plaza Hotel

#### 210 Peachtree Street NW, Atlanta, GA 30303

The Westin Peachtree Plaza's cylindrical glass design is an icon of Atlanta's skyline. Towering over downtown, the Westin Peachtree Plaza is walking distance from Atlanta's top attractions, including Centennial Olympic Park, the World of Coca-Cola, the Georgia Aquarium and dozens of shops and restaurants.

Hotel rooms feature floor to ceiling windows. Negotiated rates do not include taxes or fees: Single/Double \$199\*, Triple \$219\*, Quadruple \$239\*. Cancellations must occur 72 hours prior to the reservation date for a refund or credit. A credit card with a first night's room deposit is required to make a reservation. If paying by debit card, please call the hotel for their policy on how much they take out for incidentals.



### Reserve by phone 888-627-7087 and ask for AST 2020 rates or reserve online at https://book.passkey.com/go/2020AST

The Westin Peachtree Plaza is approximately 11 miles north of the Hartsfield-Jackson Atlanta International Airport (ATL). If taking the MARTA subway from the airport (red line), get off at the Peachtree Center Station, one block from the hotel. Approximate costs: \$2.50 (one way) for MARTA; \$35 (one way) for taxi service.

\*Reservation cut-off is May 1, 2020 or earlier if the room block sells out. Book your room(s) early to take advantage of the negotiated rate. Reservation requests after May 1 will be accommodated on the hotel's availability. Hotel rates include the daily resort fee. AST's negotiated room rates exclude taxes/ fees (subject to change without notice) and parking. Contact the Westin for the most current parking rates.

# **PRECONFERENCE EVENTS**

#### **WEDNESDAY, MAY 27**

#### **State Assembly Leadership Forum**

SA Board Members Only: \$50 (6 CEs)

7:15 – 7:45 AM	Continental Breakfast for SALF Registrants Sponsored by NBSTSA  THE NATIONAL BOARD OF SURGICAL TREINMONORY AND SURGICAL ASSISTING
7:45 – 8:50 AM	<b>Welcome and Introductions</b> <i>Holly Falcon, CST, FAST, AST President</i>
8:50 – 9 AM	Take This Job and LOVE It  Holly Falcon, CST, FAST, AST President
9-9:50 AM	Conflict Management Grant Wilson, CST, FAST, NBSTSA President
9:50 – 10 AM	Break
10 – 11:50 AM	Optimizing Policies/Enriching Development State Assembly Leadership Committee Annual State Report—A Handy Reference Tool Financials—Making Sense of It All 5-Year Renewal Agreement—the Terms in Action Your State's Website—Achieving Results
Noon – 12:50 PM	<b>Lunch</b> (provided)
1 – 3 PM	One-to-One Connections/ Empowering Relationships State Assembly Leadership Committee

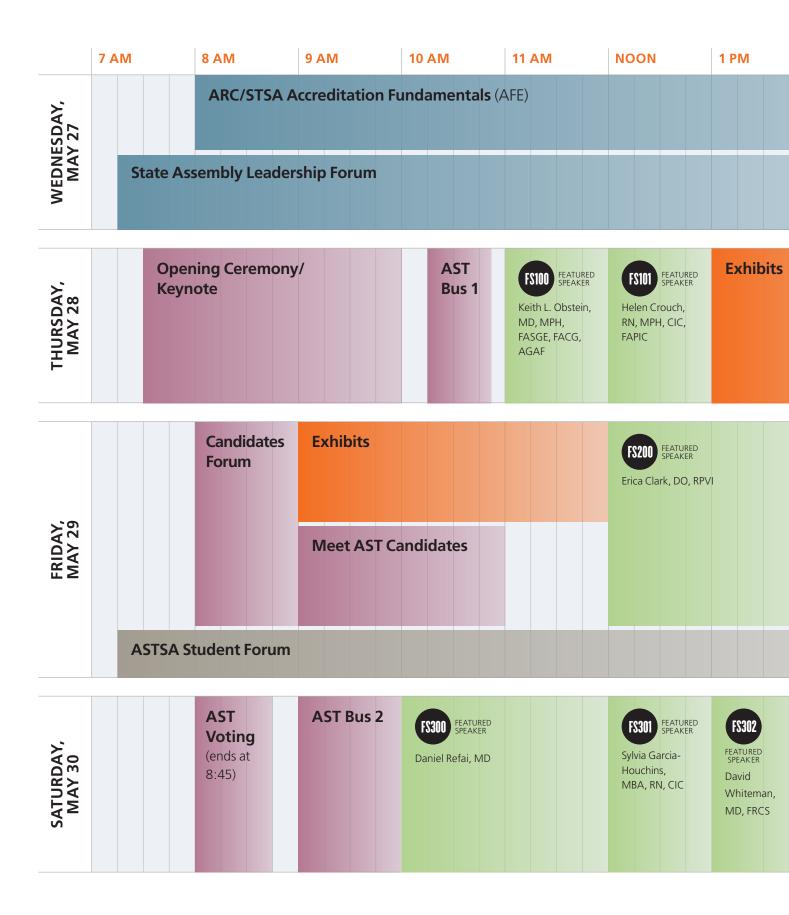
#### **ARC/STSA Accreditation Fundamentals for Educators (AFE)**



\$250 per person | Capacity: 100 Registrants (8 CEs)

, ,	8 AM – 4 PM	Separate registration is required. Contact info@arcstsa.org or register
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## **2020 CONFERENCE OVERVIEW**





# **EDUCATION SESSIONS**

#### **THURSDAY, MAY 28, 2020**

7:30 - 10 AM

**Opening Ceremony/Keynote** 

10:15 - 10:50 AM

**AST Business Session 1** 



11 - 11:50 AM • FS100 1 CE **Novel Advances and Future Horizons in Disposable Endoscopes** Keith L. Obstein, MD, MPH, FASGE, FACG, AGAF

Hear how the novel advances that have recently occurred in endoscopic technologies have the potential to mitigate or absolve the current limitations of endoscopic surgery.

#### Noon - 12:50 PM

• FS101 1 CE

#### Infection Prevention: How Does This Apply to Me and My Patient?

Helen Crouch, RN, MPH, CIC, FAPIC

Discuss infection prevention from point-of-use through sterilization or high-level disinfection, including the Joint Commission's findings on nationwide outbreaks related to improperly cleaned devices.

### **EARN EXTRA CEs**

AST's Learning Hub in the Exhibit Hall was so popular last year, we're bringing it back. Earn .5 CE for each 30-minute Learning Hub session you attend.

#### 1-4 PM

#### **Exhibits**

Earn CEs in the Exhibit Hall. You'll receive .5 CE for each 30-minute session you attend in the AST Learning Hub. These CEs are available on a first-come, first-seated basis. Review the conference guide onsite for the schedule and rules.

#### 4-4:50 PM

• FS102 1 CE

**Intraoperative Nuances to Improve Patient Outcomes** in Brain Tumor Surgery

Melanie Hayden Gephart, MD. MAS



Review the indications, common complications and specific mechanisms for avoidance of the complications in brain tumor surgery.



5-5:50 PM • FS103 1 CE **Dealing with Traumatic** Stress in the **Operating Room** Dennis Carradin, LPCMH, NCC, BCETS

Learn to define, recognize and distinguish the differences between stress, traumatic stress and critical incident stress, as well as how Emergency Responders Exhaustion Syndrome plays a role in one's personal and professional lives.

#### 7-10:30 PM

#### **Opening Night Party (Badge Required)**

Celebrate being part of the OR team by wearing your favorite sports team gear or favorite team's colors. Get acquainted, enjoy hors d'oeuvres and dance, dance, dance!

#### FRIDAY, MAY 29

7:15 AM - 2:50 PM

**ASTSA Student Forum** 

See page 7 for agenda.

8-9AM

**Candidates Forum** 

#### 9-NOON

#### **Exhibits**

Earn CEs in the Exhibit Hall. You'll receive .5 CE for each 30-minute session you attend in the AST Learning Hub. These CEs are available on a first-come, first-seated basis. Review the conference guide onsite for the schedule and rules.

#### Noon - 1:50 PM

• FS200 1 CE **Innovations** in Vascular Surgery

Erica Clark, DO, RPVI Understand the most common vascular diseases





#### **BREAKOUT SESSIONS**

Four breakout sessions are offered each hour on Friday afternoon. Choose only one session per hour.



Look for the apple symbol to locate the Educators Track with topics specific to surgical technology education.

#### 2-2:50 PM

• 201 1 CE

#### A Multidisciplinary and Varied Approach of Life Lessons in the Care of the Orthopedic **Patient**

Maurice Goins, MD

Hear about the importance of approaching surgical care from a multidisciplinary team approach.

#### • 202 1 CE

#### **Inspire Hypoglossal Nerve Stimulation for** the Treatment of Obstructive Sleep Apnea

Sanjay Athavale, MD

Learn about the Inspire hypoglossal nerve stimulation surgical procedure for treatment of obstructive sleep apnea, including the intraoperative and postoperative care of patients.

# **2020 ASTSA** STUDENT FORUM

7:15 – 7:45 AM	Meet and Greet  ASTSA Student Representatives
8-9 AM	AST Candidates Forum
9:15 – 9:30 AM	Welcome Holly Falcon, CST, FAST, AST President Greg Salmon, CST, CSFA, CSA, ASA President Robin Keith, CST, CNOR, RN, BSN, ARC/STSA President Grant Wilson, CST, FAST, NBSTSA President ASTSA Student Representative Introductions
9:35 – 10:35 AM	Surgeons, They're Humans Too Shane Friedman, CST, CSFA
10:40 – 11:40 AM	<b>ASTSA Candidates' Speeches</b>
11:45 – 12:15 PM	<b>Lunch</b> (provided)
12:25 – 1 PM	Voting
1:10 – 2 PM	Certification Exam Q & A  NBSTSA
2:05-2:35 PM	<b>ASTSA Representatives Activity</b>
2:40 – 2:50 PM	T-Shirt Contest Results Voting Results

# **AST SCRUB BOWL** CHAMPIONSHIP

3:30 – 5 PM	<ul> <li>Online team registration begins on February 1 at ast.org/aboutus/ conference.</li> <li>Participation is limited to the first 24 teams to register.</li> <li>Registered teams must check in at the ASTSA exhibit table on Thursday, May 28, between 1–4 PM.</li> <li>For information about the Scrub Bowl format, rules, team eligibility and registration, visit ast.org/aboutus/ conference.</li> </ul>

# **EDUCATION SESSIONS**

#### • 203 1 CE

#### **Updates in Gynecological Surgery**

Shannon Price, MD

Review female pelvic anatomy, the most common pathological conditions treated by surgical intervention, and the fundamental principles and potential complications of gynecological surgery.

#### • 204 1 CE

#### Surgical Assisting—Core Skills



Mary "Libby" McNaron, CST, CSFA, RN, FAST

Wondering what the next step is in your career? Hear about the skills, techniques and core knowledge required to become a surgical first assistant.

#### 3-3:50 PM

• 205 1CE

#### **Neurosurgery: Microsurgery and Endoscopy**

Neil Woodall, MD

Examine case studies that summarize diagnoses and indications for use of the operating microscope and endoscope in neurosurgical procedures.

#### WHAT TO PACK

- ☐ Business casual slacks, skirts, shirts or blouses for education sessions
- ☐ Gear or team colors from your favorite sports team to wear during the opening night party
- □ Comfortable shoes
- ☐ A new stuffed animal (with the tag, but no noises or choking hazards) to donate to Children's Health of Atlanta
- ☐ Jeans or other casual clothes for after hours
- ☐ Pen and notepad for good ideas
- ☐ Leave room in your suitcase for materials you pick up in the Exhibit Hall



#### - 206 1 CE

#### A Modern Approach to Bariatric Surgery

David Whiteman, MD, FRCS

Discuss updates and new bariatric surgical modalities, including preoperative planning.

#### - 207 1 CE

#### Orthopedic Topic TBD\*

Dave Heinsch, MD

#### - 208 TCE

#### **Utilizing Cloud Technology to Streamline Your Program**



Kristie Cole, CST, MEd; Paul Landsman, CST

Evaluate how the use of a cloud-based system can streamline surgical technology programs to improve access to documents and communication with students.

#### 4-4:50 PM

• 209 TRE

#### **Vascular Topic TBD\***

Guillermo A. Escobar, MD, FACS

#### • 210 1 CE

#### **Emergent Trauma Surgery: The Crash Thoracotomy and Laparotomy**

Jonathan Nguyen, DO

While the trauma surgical team can never fully prepare for what will be encountered, there are a few simple steps that almost inevitably happen. Identify the steps that can assist the team through the initial minutes of the operation and contribute to the patient's overall survival.

#### Infection Prevention in the Operating Room— What's Important?

Jill Holdsworth, CRCST, CIC, FAPIC, NREMT; Patty Rider, MEd, CIC, CPHQ

Learn about infection prevention projects and risk assessments so you can put them into action at your facility.

#### • 212 | 1 CE

#### **Assisting the Learner to Pass High-Stakes Exams**



Jayne MacPherson, CST, PhD, FAST; Dana Thomas, CST; Kristen Urbanek, CST

Analyze methods that will help learners pass high-stakes tests and how to word questions to reflect the demographics of the country.

#### 5-5:50 PM

• 213 1 CE

#### **Patient Safety and Medical Errors**

Karen Chambers, CST, FAST; Jennifer Germany, CST Understand the methods the surgical team can implement in the OR to prevent medical errors.

• 214 1 CE

#### Orthopedic Topic TBD\*

Brian Seng, DO

• 215 1 CE

#### **AST Legislative Updates**

Stephanie Whalum, Esq. AST Director of Government Affairs Receive updates about AST's legislative efforts occurring across the country.

• 216 1 CE

### Precepting in the OR



Michelle Muhammad, CST, FAST

Discuss teaching methods preceptors can use to properly guide students through their clinical experience, including how the methods need to be adjusted as the student progresses in clinical rotation.

### **SATURDAY, MAY 30**

8-8:45 AM

**AST Voting (Delegates only)** 

9 - 9:50 AM

**AST Business Session 2** 



10 - 11:50 AM

• FS300 2 CE

#### Assessing the Value of Spine Surgery in the US

Daniel Refai, MD

Examine the benefits of spinal surgery to the patient and the U.S. population from a cost perspective.

Noon - 12:50 PM

• FS301 1 CE

#### **Ensuring Compliance with Joint Commission Standards**

Sylvia Garcia-Houchins, MBA, RN, CIC

Compliance with infection control standards continues to be problematic for many organizations. This presentation will provide a standardized approach to ensure your organization is in compliance with Joint Commission standards and help dispel myths that are often attributed to the Joint Commission.



1-1:50 PM • FS302 1CE

Why Am I Here?

David Whiteman, MD, FRCS When the OR lights come on, are you ready to perform at your best for the sake of the patient? This session will challenge you to look introspectively at how you prepare to provide the highest quality patient care every day.

2-2:50 PM

• FS303 1 CE

#### **Overcoming Your Fear:** You Have Everything You Need!

Myla Bennett, MD

Did you know that shifting your mindset can help you achieve your

dreams and make them come to life? We tend to get stuck in our way of thinking, which can hurt us in the long run. By altering your mindset, you can see all the ingredients you need to fulfill your dreams, and you can reach every goal you imagine.

4:30 - 6:30 PM

#### Closing Night Reception (Badge Required)

This is your last chance to hang out and swap stories with your new friends. Enjoy hors d'oeuvres before you take off for the airport or a night on the town.

r. Myla Benn

<sup>\*</sup>Watch The Surgical Technologist for updated information.

# **CONFERENCE PLANNING WORKSHEET**

This worksheet is provided for your convenience to facilitate the online registration process. Mark the sessions you would like to attend and refer back to this sheet as you register.

#### **Education sessions**

If you attend every education session on Thursday, Friday and Saturday, you will receive 16 CE credits for the conference (one CE per hour of education). You must register for every session to receive credit. Review your selections carefully to ensure that you have registered for a session during all the available time slots.

Thursday, May 28						
7:30–10 AM	10:15-10:50 AM	11–11:50 AM	12–12:50 PM	1–4 PM	4-4:50 PM	5-5:50 PM
Opening Ceremony/ Keynote	Business Session 1	• F\$100 Disposable Endoscopes	• F\$101 Infection Prevention	Exhibits	• FS102 Brain Tumor Surgery	• F\$103 Traumatic Stress in the OR

Friday, May	29					
Friday, May 8–9 AM Candidates Forum	9 AM-NOON Exhibits	12–1:50 PM • F\$200 Innovations in Vascular Surgery	2–2:50 PM • 201 Orthopedic Patient • 202 HNS for	3–3:50 PM • 205 Neurosurgery • 206 Bariatric	4-4:50 PM • 209 Vascular Surgery • 210 Emergent	5-5:50 PM • 213 Patient Safety and Medical Errors
			Obstructive Sleep Apnea  • 203 Gynecological Surgery  • 204   Surgical Assisting Core Skills	• 207 Ortho Surgery • 208 Cloud Technology	• 211 Infection Prefention • 212  Standardized Exams	<ul> <li>214</li> <li>Orthopedics</li> <li>215</li> <li>Legislative</li> <li>Updates</li> <li>216 </li> <li>Precepting in the OR</li> </ul>

Saturday, May 30						
8-8:45	9-9:50 AM	10-11:50 AM	12–12:50 PM	1–1:50 PM	2–2:50 PM	
AST Voting (Delegates only)	AST Business Session 2	• F\$300 Spine Surgery in the US	• F\$301 Joint Commission Standards	• F\$302 Why Am I Here?	• F\$303 Overcoming Your Fear	

#### **Optional Events**

**Preconference State Assembly Leadership Forum** 

Wednesday, May 27 7:15 AM-3 PM

Limited to State Assembly Board members only. (Must register for *full conference.*)

AST Member \$50

#### 2020 Techs Doing Good

A search-and-find event to benefit MedShare.

Friday, May 29 10 AM-Noon

**Registration donation \$25** 

(includes T-shirt; register by April 15 to ensure your size)

### **Order Your Conference Shirt Early**

Don't take the chance that the 2020 Conference T-Shirt will sell out before you get one. Order yours when you register and pick it up onsite.

# REGISTRATION **INFORMATION**

#### **Registration Process**

- Use the Conference Planning Worksheet (opposite) to choose your educational sessions before beginning your registration online. You can make changes to your conference schedule online using your confirmation number.
- Visit ast.org and click on the registration link. You'll need your AST member number and the email address AST has on file (used for your member login) to register at the discounted member rate. Members will receive a customized invitation via email. Using this link to register will facilitate your registration process.
- Complete the online registration form and pay using AST's secure servers. Within minutes you should receive a confirmation email verifying your registration. If you don't, check your spam or junk mail folders.

Employers or groups: To quickly register multiple staff members or students and make a single payment, go to ast.org and click the link to Conference Online Registration. After completing the registration form for the first person, click on "Register Another Person" to begin the next registration. Administrators can click the "I am registering on behalf of this person" link on the first screen to register an employee, and receive a copy of the confirmation and the receipt.

Payment policies: All fees must be paid at the time of registration. Make checks/money orders payable to AST. No personal checks will be accepted onsite. Conference fees may be tax deductible as education expenses (consult with your tax professional). Mailed payments must be received within 10 days of the online registration and before registration costs change (March 15 and April 15).

**Transfer policy:** Please contact AST to complete the transfer process. The original registrant or administrator must verify the substitution in writing. A \$25 processing fee is required. If a nonmember is the replacement, the nonmember registration fee applies and payment is required.

Refund policy: Cancellations must be made in writing and postmarked by May 1, 2020. All approved cancellations will incur a \$50 processing fee. Please allow four weeks for refunds. Partial refunds are not available for social functions in the package rate.

#### **Registration fees**

Conference registration includes all Thursday, Friday and Saturday education sessions, business meetings, exhibits and social events. 16 CEs are awarded to attendees who register for all sessions.

Early Bird Registration	ENDS MARCH 15
Online, Members-Only Early Bird Discount	\$275

Mail-in registrations are not eligible for the early bird discount. Payment must be received by March 15.

Full Registration Packages	In Advance BY APRIL 15	Onsite AFTER APRIL 15
AST Member	\$350	\$390
Nonmember <sup>1</sup>	\$480	\$520
AST Retired/Disabled Member <sup>2</sup>	\$175	\$175

<sup>1</sup>Call or visit ast.org to join AST before you register. The annual membership fee is \$80. Save \$205 (\$125 after the cost of membership) by joining and registering before March 15. <sup>2</sup>Retired/disabled members must have reached the social security retirement age or be permanently disabled and unable to work.

Student Registration	In Advance BY APRIL 15	Onsite AFTER APRIL 15
AST Student Member	\$99	\$139
AST Student Nonmember	\$144	\$184

AST student registrants must be able to provide verification of enrollment in a program whose graduates are eligible to sit for the CST examination. Students who register at the discounted student rate are required to attend the Student Forum on Friday. In order to earn CEs for attendance, students must have passed the certification exam before conference—and can only earn 3 CEs on Friday by registering for and attending the 3 PM, 4 PM and 5 PM sessions (instead of the Student Scrub Bowl Championship).

#### **Guest Registration**

Full-conference attendees may register a spouse, partner or family member as a guest for \$50 per day. Guest badges allow admission to business sessions, the Exhibit Hall and social event(s)—NOT education sessions. Registered guests must show their daily badge in order to accompany attendees to the opening night party (Thursday guest) and the closing night reception (Saturday guest).

#### **Estimate Your Payment**

	Registration Cost (Based on rates and deadlines above)	\$		
	<b>Preconference State Assembly Leadership Forum (\$50)</b> Wednesday, May 27, 7:15 AM – 3 PM. Limited to current State Assembly Board members only. Must also register for the full conference.	\$		
Optional Events	<b>2020 Techs Doing Good (\$25, includes T-shirt)</b> Friday, May 29, 10 AM to noon. (Proceeds benefit MedShare.) Register by April 15 to guarantee your T-shirt.	\$		
otior	Guest Tickets (\$50 per day)			
ŏ	Thursday Guest (includes exhibits and opening night party)	\$		
	Saturday Guest (includes closing night reception)	\$		
	Conference T-shirt (\$15)	\$		
Estimated Total Payment for Online Registration				

# DESTINATION GEORGIA



Join AST in Georgia's capital city. Atlanta's downtown attractions are within blocks of the hotel or are a short ride away on the Atlanta Streetcar.

- See more city from the SkyView Atlanta Ferris wheel.
- Taste the beverages at the World of Coca-Cola Museum. You'll see why this brand is famous.
- Dive into more than 8 million gallons of marine and fresh water exhibits at the Georgia Aquarium.
- Broaden your perspective at the National Center for Civil and Human Rights.
- Take a behind-the-scenes tour of the CNN Center to find out how a live broadcast is produced and how the world's largest news organization operates.
- Learn more about Martin Luther King, Jr. by visiting his birth home, The King Center and other attractions in the King Historic District.
- Visit the College Football Hall of Fame or snap a few photos of nearby venues, including State Farm Arena (NBA's Atlanta Hawks) and Mercedes-Benz Stadium (NFL's Atlanta Falcons).





Let Atlanta be your gateway to the beauty of Georgia. Here are a few day trips or destinations within two hours of Atlanta: Athens' indie music and art; Stone Mountain Park; Dahlonega (Georgia's wine country); the Blue Ridge Scenic Railway; Lake Lanier; Callaway Gardens; Piedmont National Wildlife Refuge; Amicalola Falls State Park; Lookout Mountain and the Rock City Gardens.



Use your car or ride share app to visit some of these local attractions: APEX Museum, Atlanta History Center, LEGOLAND Discovery Center, Delta Flight Museum, Fernbank Museum of Natural History, Jimmy Carter Presidential Museum and Library, the fabulous Fox Theatre, Piedmont Park, High Museum of Art, Margaret Mitchel House, Trap Music Museum, Zoo Atlanta, Six Flags Over Georgia and more.



### **SAVE 41%**

on admission to the top five Atlanta attractions with a CityPASS. Visit citipass.com/atlanta for details.